



**Community
Boards**

Amersham & Villages Community Board agenda

Date: Tuesday 26 April 2022

Time: 6.30 pm

Venue: MS Teams

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Councillors

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If you would like to attend a meeting, but need extra help to do so, for example because of a disability, please contact us as early as possible, so that we can try to put the right support in place.

For further information please contact: Lizzie Wright (Community Board Co-ordinator) on 01296 382376/ 01296 382938 or email democracy@buckinghamshire.gov.uk.

Item No	Item	Time	Page No
1	Chair's Welcome		
2	Apologies/Declarations of Interest		
3	Community Matters Questions from members of the public can be submitted in advance of the meeting to Amersham@Buckinghamshire.gov.uk		
4	Updates from the previous year Funding agreed and projects supported		3 - 16
5	Forward planning <ul style="list-style-type: none"> • Agreeing priority areas of focus for the year ahead • Task and finish groups 		
6	Presentations <ul style="list-style-type: none"> • Live Well Stay Well • Grow it, Cook it, Eat it • Community training opportunities 		17 - 22
7	Other matters <ul style="list-style-type: none"> • Notes from the last meeting • Buckinghamshire Council updates 		23 - 48
8	Date of the next meeting 28 July 2022, 6:30pm. Further details to be confirmed.		

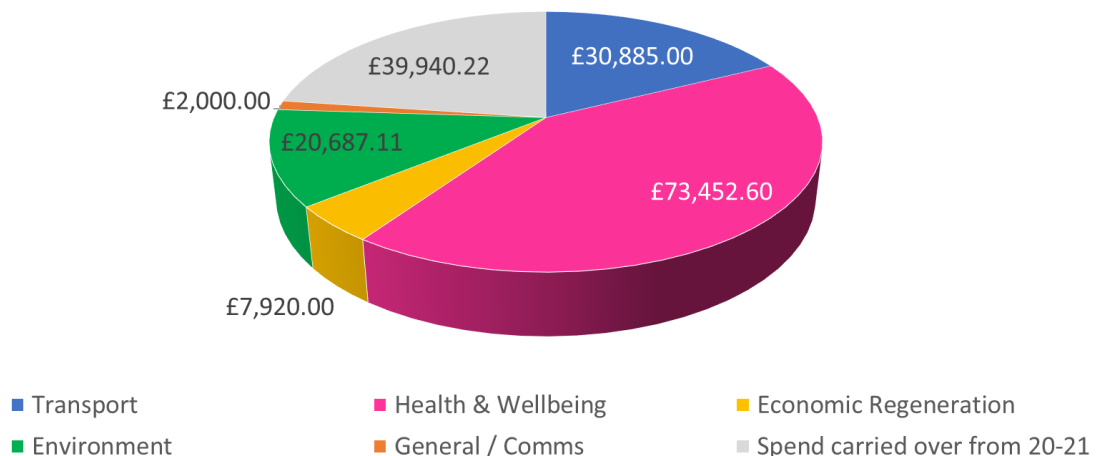


The Amersham & Villages Community Board had an allocation of £174,907 in the last financial year, and commitments of £39,940.22 carried over from the previous year. The remainder of the budget has been allocated fully (with some projects coming in slightly under budget leaving a small variance).

The total spend reflected below is £174,834.93 and the report details the projects which received allocations, and the amount of contributory funding which helped to add value to the projects.

The total contributory funding detailed below is £164,788.56 with some TBC as organisations are awaiting decisions following that of the Community Board and further conversations with external grant bodies are ongoing.

Spend by Area of Focus



Organisation	Project Name & Summary	Amount requested from CB	Contributory funding
2020-21 allocations carry over	Projects allocated but not spent in the previous year.	£39,940.22	£27,212.72
CB Comms budget	Marketing and event budget and event kits for all 16 Community Boards	£2,000.00	£0.00

Sustainable Amersham	<p>Seeds for Bees:</p> <p>Providing junior school children within the Amersham and Chesham Bois catchment area a packet of seeds to plant out for bee conservation. The project highlighted the role that bees have in pollinating our crops and how domestic gardens in urban areas are an important source of food (nectar) for their survival. It served to engage school age children with their environment and address how we all have a part to play to combat climate change. A flyer with planting instructions and tips for how to make greener choices was included.</p>	£787.76	£0.00
Amersham (Chiltern) Youth Club	<p>Amersham Youth Club Refurbishment:</p> <p>The Youth Club are being relocated but their new space requires some drastic improvement.</p> <p>The funding will help to make the space fit for purpose, including painting the outside of the building to make it modern and inviting, adding up to date equipment for the young people to use, create a new skill learning area in the kitchen to enable us to teach cooking and provide meals where necessary and much more.</p> <p>We would like to extend the reach of the youth service to more young people (currently around 80) but we know that one of the key things to this is getting the right environment and providing a place that young people like to visit, hang out, make their own and benefit from.</p>	£2,100.00	£2,000.00
Amersham Museum	<p>Shopping Before Plastic:</p> <p>The Retro Shop project will research and share how local people shopped and consumed sustainably in the past, before plastic packaging and pre-packaged food was commonplace. We will draw comparisons between growing locally, reducing waste, plastic free packaging and mending, with contemporary initiatives today. We feel that by promoting a positive (and balanced) view of the past, we will be able to engage people in adopting more sustainable habits in the present.</p>	£1,734.00	£9,100.00

Chesham Bois Parish Council	<p>Chesham Bois Burial Ground Entrance Area Project:</p> <p>The burial ground is a valuable community asset and having improved amenities will benefit the wider community not only those attending funerals. The project supports our ongoing work to expand our community's knowledge of, and pride in, our site and the heritage and wildlife that it supports. It will encourage more visitors of all ages. Widening access to our green space promotes physical activity and mental health benefits for all.</p>	£5,625.00	£ 5,625
Amersham Youth Activities (Chiltern Youth Club)	<p>Amersham Youth Summer Team:</p> <p>The project aims to provide a regular and constant presence in Amersham to support young people in the area. It will locate in key areas around Amersham and help ensure a safe and productive environment in the town that allows young people to play, socialise and gain support and advice where required. After the difficulties of the previous year, we believe this consistent presence will help to ensure young people do not drift into crime/ASB during the summer holiday weeks when there is no school. We would provide a range of diversionary activities, trips, events and regular time to provide help and support where needed.</p>	£4,600.00	£500
Chiltern Open Air Museum	<p>Chiltern Open Air Museum Accompanied Walks:</p> <p>We have been inspired to set up a programme of wellbeing walks for young adults with autism and their carers after being approached by several families with autistic young adults. The project aims to use the Museum's beautiful natural space to support the wellbeing of young adults with autism and their carers from our local communities and to engage disadvantaged groups with heritage to make the Museum more inclusive and relevant to all.</p>	£3,000.00	£2,500.00
Bucks Mind	<p>KS1 Mental Health project:</p> <p>Buckinghamshire Mind would like to offer schools in the board area the opportunity to take part in our Early Years and Key Stage 1 mental health awareness project, across the academic year 2021-22. They are offering multiple sessions throughout the year to</p>	£10,407.00	£0.00

	<p>help consolidate children’s learning. Their work with the children will discuss feelings, how to promote positive wellbeing and the importance of talking about our mental health in an engaging and age-appropriate way. Bucks Mind will also provide sessions for parents and school staff, considering how we can support children’s and our own mental wellbeing.</p>		
Bucks Mind	<p>Mental Health First Aid Training Project:</p> <p>This is a cross-Board project being taken to all 16 Community Boards to provide Mental Health First Aid training to school staff, to enable them to support the mental wellbeing of young people. This training will be delivered by Bucks Mind. The course qualifies delegates as Youth Mental Health First Aiders and will give delegates the skills to identify, understand and help someone who may be experiencing a mental health issue.</p>	£742.50	£0.00
Little Chalfont Parish Council	<p>Movable Vehicle Activated Signs:</p> <p>Little Chalfont Parish Council are wanting to reduce the speed around the village to make it a safer on the roads for pedestrians and road users. They would like to purchase in total four MVAS units to be used in various locations around Little Chalfont to monitor and address speeding.</p> <p>A number of residents have raised concerns around speeding in the area and the Parish Council have acted quickly to order two MVAS but require two more and are requesting funding from the Community Board to support this.</p>	£2,500.00	£2,500.00
St Mary’s School	<p>Pond restoration project and wellbeing activities for students:</p> <p>Working with Chiltern Rangers to restore a pond area which would provide students with work experience, provide a habitat for local wildlife, and introduce a greater diversity of plant and animal species.</p> <p>The Environmental Area is used to run our Forest School, which target children with Special</p>	£1,458.00	£0.00

	<p>Educational Needs, Pupil Premium and looked after children, as well as those who have been identified as needing extra emotional or behavioural support in school.</p> <p>Funding is required to provide tools, labour and resources needed to develop and maintain. Work would be carried out by school members, staff and children, Chiltern Rangers and Stony Dean work experience students. The area is also used by Woodland Adventure Club and we would look to make further connections with the local community, for example by sharing tools and experience if another local school were looking to embark on a similar project or inviting local nurseries to use the area for their own Forest School.</p>		
Little Chalfont Primary School	<p>Incredible Edibles Garden:</p> <p>Little Chalfont Primary School have started the construction of an edible garden. Whilst we have funded the infrastructure, we are looking for funding for the plants and tools that the children will be putting into the garden. The children will be using the tools purchased to maintain the garden and harvest the fruit and vegetables. They will then be able to use those in cookery lessons and take the produce home.</p> <p>We want this project to run long-term, year on year, and have planned crop rotation to allow for this. We will also be starting an after-school gardening club in the Summer term for children we have identified as vulnerable or have been significantly affected by the lockdown periods (e.g. anxiety, SEND etc).</p> <p>All children in the school and their families will benefit from the project and we are also planning to distribute some of the produce to our local residents (particularly the elderly members of our community)</p>	£1,632.35	£4,614.69
CHAT	<p>Children's Respite Charity:</p> <p>CHAT aims to improve the quality of life of families in Buckinghamshire with children who have special needs, by providing short term respite care packages of up to 40 hours that families can use how best benefits them. This enables the families to have a much-needed rest, to spend time with other family</p>	£2,400.00	£0.00

	<p>members or friends and just to have a chance to catch their breath.</p> <p>Since Covid, the charity has seen a marked increase in referrals with 90% from families who have not used the service before and some parents are being turned away by Care agencies that have struggles through Covid times with furloughed staff and are now stretched to the limit as they return to work, coping with a high demand for their services.</p> <p>Funding will be used to support families with children who have special needs by providing in home care and respite for the parent(s). Families will receive 40 hours of support which can be taken in one instance or split in a way that works best for them. This is a cross board application and 3 families have been identified in the Amersham & Villages Community Board area.</p>		
Stony Dean Special School	<p>Pond and Wildlife Restoration:</p> <p>Revitalising an old disused pond and turning it into a teaching resource. Using The Green Gym and students to make this historic watering hole accessible for wildlife and students.</p> <p>We will be improving the green spaces, woodlands they remain attractive destinations that enhance our quality of life. Ponds are at the heart of bio-diversity and improving the fabric will help the local wildlife. As well as being an source of learning for the young people of Amersham.</p> <p>The majority of the work will be carried out by students and volunteers. The funds would be used to pay for a contract to secure the area with a fence (with gated access to allow use by other schools), and provide a pond dipping platform for learning.</p>	£3,300.00	£2,850
Amersham Kids Together	<p>Bringing Santa's Grotto to Amersham on the Hill:</p> <p>Local children are invited to come in and meet a real life Santa and they will receive a small gift, free of charge, as this is meant to be open to all, regardless of financial background. We hope that this will also make up a little bit for our children missing out on Christmas last year in this way!</p> <p>The Grotto will consist of the actual Grotto itself,</p>	£3,500.00	£1,640.00

	<p>Santa's workshop and Mrs Santa's kitchen.</p> <p>All families who wish to visit will have a delightful experience and it is not limited to affordability as it is free to all the children who come in. The town will benefit as it is hoped that publicity planned will attract visitors to come into the town creating a positive image for Amersham on the Hill, often seen as nothing more than the town that grew up around the railway, with nothing else to add to the attraction of our area. The retailers, businesses and eateries will benefit with increased footfall and with Amersham set to be put on the map with such a unique experience. It will help to make Amersham a destination!</p>		
Radio Christmas	<p>Radio Christmas:</p> <p>The Radio Station is run entirely by volunteers of all ages from the local Amersham community - with regular hosts and one off shows hosted by anyone who wants to do it. We also offer opportunities for technical help, news reading, programme scheduling and much more.</p> <p>We have run since 2008 and are a much loved part of the Amersham Christmas calendar. The stations support the Street Kids Direct charity and this year is focusing more than ever on bringing our community together. We invite all charities, councillors, local businesses, local schools (with the daily schools hour), community groups and more to spend time on the radio promoting their services and enjoying being together in a fun and friendly way.</p> <p>This project runs every year - with a larger version every other year - we will have an FM license this year which will significantly increase our listener numbers.</p> <p>We are offering all local businesses a free daily advert this year to help support them.</p>	£2,000.00	£8,000.00
Chesham Bois School	<p>No stopping signs outside the school gates:</p> <p>Chesham Bois School would like to address problems caused by parents stopping outside the school gates to drop off their children, by installing signage.</p>	£250.00	£0.00

	This will help to improve the safety of children attending school as well as easing congestion on the road outside the school.		
Coleshill Common Management Committee	<p>Common Bioblitz event May 2022:</p> <p>BioBlitzes are internationally recognized events that can be summed up as an informal and fun way to create a snapshot of the variety of life that can be found in an area. People exploring natural spaces and discovering wildlife. It is hoped we can attract children with their parents to take part.</p> <p>The event will invite experts to talk about and survey invertebrates, birds, mammals, butterflies and plants. In addition, the Village Hall will be hired for the day providing covered space to exhibit along with toilet facilities. There will be a need to cover printing costs for leaflets and advertising the event.</p>	£700.00	£300.00
Little Chalfont Primary School	<p>Creating a wildlife and construction area for early years:</p> <p>Transforming an overgrown, derelict area of the school grounds into a wildlife and construction area for the children in Early Years and Key Stage 1 (ages 4-7) to use daily as part of their learning. They will use this area to plant and grow, construct things out of natural materials, build fences out of willow and learn about and observe nature. With the ongoing negative impact of the lockdown periods, we want the children's wellbeing to be improved by getting outside experiencing the benefits of outdoor learning.</p> <p>A significant number of plants will be planted by the children (and parent helpers), as well as insect hotels. A vertical planter is going to be used to grow herbs and the longer-term aim is to have a community herb garden at the front of school for passers-by to help themselves to.</p>	£1,900.00	£600.00
Little Chalfont Community Association	<p>Dementia Café:</p> <p>Creating a Memory Café (to be named Café 22) in Little Chalfont will be the first step towards the</p>	£1,200.00	£2,400.00

	<p>ultimate objective of creating a Dementia Friendly Alliance in the village.</p> <p>Working with local volunteers, including retired health workers, GPs etc. the café will provide a weekly support session for those with memory loss and their carers, to share experiences and talk to professionals.</p>		
Old Amersham Revitalisation Group	<p>Water Fountain installation in the Old Town:</p> <p>The existing fountain is no longer fit for purpose and is in such a bad state of repair that the water consistently leaks and requires refilling. As we approach colder months, it is anticipated that the low levels of water and old/worn out pipework could further damage the structure of the fountain and mean that any wildlife within it would perish.</p> <p>The wildlife in the pond, frogs etc. are dying back because of the lack of clean water, the water in the pond will be recycled through a filtering system, it is essential to keep the balance of natural nutrients to encourage wildlife.</p> <p>Everyone who visits the gardens, local people and tourists will benefit from the project and it will provide a new focal point in the gardens for residents and visitors.</p>	£3,500.00	£3,500.00
Coleshill Village Community (via the Parish Council)	<p>Installation of Community Noticeboard:</p> <p>There is a very old Community Noticeboard outside the Village Church which was made by a local resident decades ago. The current condition of the noticeboard is that it is falling apart and beyond repair.</p>	£1,420.00	£200.00
Little Chalfont Charitable Trust Limited	<p>Nature Park Path Improvements:</p> <p>The Nature Park has been open for 5 years, and project seeks to make improvements to the path to ensure accessibility to all. The project will enable older people (e.g. through links with the local care home) families with buggies, school groups etc. to access the path, experience nature, calm and improve their wellbeing.</p>	£15,000.00	£70,000.00

Coleshill Common Management Committee	<p>Coleshill Common Picnic Bench:</p> <p>The Common is a large natural area at the centre of Coleshill Village which is home to a diverse collection of plants and animals. Anyone is welcome to use the Common but it currently does not have any natural equipment that would encourage visitors, especially families, to spend long periods of time on it. By installing a picnic bench the Committee feel that it would encourage users to sit and enjoy the peace and tranquillity of the space, as well as allowing groups such as the Forest School to make use of it.</p>	£447.94	£50.00
Cue34 Theatre Company	<p>In-Tune:</p> <p>A play showcasing experiences of loneliness, the project as a whole will be broken down into stages:</p> <p>Stage 1 will involve the development of the play, whereby local actors and technicians will ensure the play is ready for an audience.</p> <p>Stage 2 will involve outreach work such as:</p> <ul style="list-style-type: none"> • a well-being workshop that will provide a space for the local community to come together, socialise and build relationships: all elements are aimed at combating loneliness. • Q and A sessions to provide a platform for those interested in theatre and the arts to ask about the plays' development, the actor's process and their experience of the industry. • A networking session, bringing together key community partners and local residents. Various key players from the local Health and Well-Being Community and the Local Creative Arts community will be invited to attend, aiming to strengthen the local culture sector, link organisations and support initial topic-focused conversations to help create positive change. <p>Stage 3 will be the production of 'In Tune' for which tickets will be sold to the general public to entertain</p>	£1,861.16	£3,662.00

	the local audience while raising awareness of the impact of loneliness in the elderly population.		
Amersham Youth	<p>Thursday Youth Sports Club:</p> <p>Amersham Youth are working with the Chilterns Lifestyle Centre and The Fitness Garden to arrange the hire of the sports hall and provision of a fitness coaching for a regular weekly session for the young people.</p>	£3,024.00	£3,840.00
Amersham Museum	<p>The Amersham Martyrs:</p> <p>This tells the story of Tudor Amersham and the persecution of local people, for their belief that they should access to the Bible in English. It is a community production involving over 100 people as performers and backstage support. Previous performances had a cast of 150 with audiences of over 200. The impact of Covid has resulted in a reduced cast and a new form to the performance, allowing for more distancing, a reduced set and a seated audience (it was previously a promenade through a crowded market scene). We have six performances planned in March 2002 and to make the performance more accessible we would like to introduce a signed version for the first time.</p>	£240.00	£4,472.00
Old Hanging Wood	<p>Explore the Woods:</p> <p>Providing opportunities to increase physical, mental and social wellbeing for villagers of all ages, and to reconnect with the environment and others, and overcome some of the challenges and impacts this pandemic has had on them, by delivering a combination of community conservation and activity days, within the surrounding woodlands consisting of bush craft sessions, wildlife planting, woodland walks and hedge laying, that will run throughout the year, with activities ranging from 12 weeks to 24 weeks.</p> <p>Any funding agreed would be subject to achieving the match funding detailed in the report.</p>	£1,430.00	£4,862 (TBC)
Community Board	Benches:	£6,500.00	£0.00

	<p>To celebrate the Queen’s Platinum Jubilee, the Community Board are looking to install five ‘2022 Jubilee’ benches, one in each of the five areas of the Community Board. We are reaching out to anyone from the local are to submit suggestions for their locations.</p> <p>There will be five in total, one in each of the following areas: Old Amersham, Coleshill, Little Chalfont, Amersham on the Hill and Chesham Bois.</p>		
Amersham Action Group	<p>Amersham on the Hill town map:</p> <p>The Amersham Action Group (AAG) would like to make both locals and visitors aware of what is available in AOTH, and they believe that the installation of an interesting map would help do this.</p> <p>AOTH is a big town with a lot to offer including several local heritage assets; buildings that are not nationally listed but are deemed to be architecturally and culturally important. There are also several walking trails within the town that would help people become more familiar with what is on offer. The suggestion is a theme in the style of “Metroland” that could fit with the personality of the town and other points of interest.</p> <p>The AAG will get several quotes for to ensure that we get the best value for money. Costs are estimates at this stage</p>	£1,500.00	£3,000.00
Coleshill Parish Council	<p>Coleshill Speed Assessment:</p> <p>The issues caused by speed in the village of Coleshill have been flagged over a number of years. The local councillors have done work to gather data and evidence of these issues, and this has included many instances of vehicles ending up in verges due to excessive speed round bends. Transport for Bucks produced a PID (which also included separate costs for the feasibility of looking at reducing the weight limit of the road, to reduce the number of HGVs which pass through, and destroy the verges and cause damage to the road).</p> <p>The Community Board would like to put forward the first part of the proposal, which is to fund a speed</p>	£1,385.00	£0.00

	assessment of the 40mph section of the village, which will look at way to help reduce the speed and mitigate any future incidences.		
Dr Challoner's Grammar School	<p>Addressing Speed Issues near the school:</p> <p>20mph advisory flashing signs to be used during school start and end times. This cost is an estimate to allocate from the 2021/22 budget as we await final costings from Transport for Bucks. In April 2022 when the new financial year, the full costs will be reviewed and we will come back to the Community Board with the report.</p>	£6,750.00	TBC
Old Amersham Revitalisation Group	<p>Old Amersham Artisan Market:</p> <p>Working closely with local retailers, the OAR are looking to support the setup of a regular market in Amersham Old Town (one Sunday each month). The funding requested is to support the cost of road closures and marketing. To make the project sustainable for the future, local market traders will be charged £45 per month for their stall, with an offer for the first three months of £20. Local Retailers in the immediate vicinity of the suggested road closure have been consulted and have agreed their support for the new monthly market to take place.</p>	£5,000.00	£1,000.00
Health & Wellbeing with Treehouse Amersham	<p>Defibrillators and Health & Wellbeing:</p> <p>Initiated by the Community Board members, this project aims to work alongside students from the local secondary schools, Amersham Youth, and Treehouse Project to develop a health and wellbeing project, including first aid training and defibrillator use for the wider community, and students, as well as the installation of new defibrillators in the board area.</p> <p>As the project develops, match funding will be sought, however to give the students the confidence to continue in their work and develop this exciting new project further, the board would like to allocate funding from its remaining budget.</p>	£15,000.00	TBC
St George' School	Bollards to address dangerous parking on the corner of Stanley Hill (near St Georges School):	£20,000.00	TBC

<p>Parking Bollards</p>	<p>There have been three near misses and the Community Board would like to prevent a serious incident occurring due to these issues. The school have been continuously reminding parents of the dangers, and have agreement with the local pub for the use of parking spaces, but the situation is continuing to worsen.</p> <p>The cost estimates from Transport for Buckinghamshire include the implementation of double yellow lines, but the advice from engineers is to prioritise the bollards, and therefore the cost of the yellow lines has been removed from the suggested allocation at this stage.</p> <p>The Board will also seek further cost savings as the project progresses.</p>		
<p>TOTAL</p>		<p>£174,834.93</p>	<p>£164,788.56</p>



Community Food Growing Sites in Bucks



Have you always wanted to grow your own fruit and vegetables, but don't know where to start

You don't need any previous experience to get involved with your growing site. Everyone is welcome and you will be shown what to do.



Our community gardens are a great place for:



Providing a space for people to socialise by gardening and taking part in other activities.



Positively impacting your physical health and wellbeing.



Growing your own produce and having a positive impact on the environment.

In Buckinghamshire, there are a number of community food growing sites where local people meet and garden together. Please turn over for full details of the Grow It, Cook It, Eat It community gardens.

Sowing the seeds of a healthy, happy and connected neighbourhood

Community Food Growing Sites in Bucks

The Grow It, Cook It, Eat It garden details are listed below should you want to get involved.

Remember no experience needed! A garden always gives back more than it receives and brings people together

Desborough Allotments, High Wycombe

Address:

Desborough Castle (located off Rutland Avenue / Copyground Lane), High Wycombe, HP12 3XA

Contact: Shanthi Wortmann

Email: info@womensculturalarena.org.uk

Phone: 07557 440567

The Aylesbury Vineyard, Aylesbury

Address:

The Vineyard Centre, Gatehouse Close, Aylesbury, HP19 8DN

Contact: Dave Furze

Email: info.communitygrow@gmail.com

Waterside Community Garden, Chesham

Address:

Hill Farm Road, Chesham, Buckinghamshire, HP5 1QU

Contact: Sam Free

Email: watersidegarden@yahoo.com

Micklefield Library, High Wycombe

Address:

Micklefield Road, High Wycombe, Buckinghamshire, HP13 7HU

Contact: Samantha Hardy

Email: samantha@communityimpactbucks.org.uk

Phone: 07990 756742

For more information on Grow It, Cook It, Eat It please visit the website at

<https://bit.ly/buckscommunityfoodgrowing>



Grow It, Cook It, Eat It Appendix

Cookery Course



FREE Train the Trainer - 2 Day Training Session

What is it?

Training volunteer cookery course trainers to implement a sustainable, long term community cookery course which will be community led by our confident and competent trainers. By working with Food Banks and local supermarkets who will provide donations, the course trainers will be able to adapt and work collaboratively to ensure the longevity of the project.

What's in it for me?

- 2-day comprehensive training session and ongoing support provided
- Making Every Contact Count (MECC) Training
- Food Hygiene Certificate
- Tutor Support Pack inc Starter Kit, Framework, Toolkits

The Community Led Cooking project aims to develop a sustainable infrastructure, creating a resilient local food solution in response to Covid-19 and beyond across Buckinghamshire, focusing on those areas where help is needed most.

Apply

For more information or to apply, complete the form using the link below
Grow it Cook It Eat It Volunteer Cookery Course Tutor Application Form
or email

Rebecca.kineen@buckinghamshire.gov.uk



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Are you Making Every Contact Count?

What is Making Every Contact Count (MECC)?



MECC is an approach to behaviour change that can be used in the millions of day-to-day interactions that organisations and individuals have with the public to support them in making positive changes to their physical health, mental health, and wellbeing.

Why does MECC make a difference?



MECC can help sow the seeds of change to prevent, reduce or delay the onset of ill health and need for care and support.

MECC focuses on the strengths and abilities of the person; it's not about telling them what they should do.



Who can MECC?

Everyone can take a MECC approach; by working together we can achieve a greater impact.

The central idea underpinning the MECC approach is simple. It recognises that staff and volunteers across health, local authority and voluntary sectors have thousands of interactions every day with individuals and are well placed to have supportive conversations to promote health and healthy lifestyles.



How do you MECC?

MECC is a brief conversation that involves asking questions, listening, and supporting a person to make informed decisions about their own health and wellbeing.

MECC is not about providing expert advice or telling people what to do.

Want to know more ?



MECC training can develop or sharpen conversational skills and knowledge of basic health and wellbeing guidance.

We offer **FREE** 1 hour Introduction to MECC training to everyone working or volunteering in the voluntary, community and social enterprise sector, council and health care partners who are in the Buckinghamshire area.

The training will help you to identify opportunities to have MECC conversations within your existing day to day work or interactions with the public.

The training will develop MECC conversation skills including:

- Confidence on what types of questions to ask
- Understand the person: Are they ready to change, do they have the opportunity to change and are they capable of change ?
- Knowledge of what is available to assist them in making those healthy lifestyle choices

For more information and to book training please contact us at :

MECC@buckinghamshire.gov.uk

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Amersham & Villages Community Board minutes

Minutes of the meeting of the Amersham & Villages Community Board held on Thursday 30 September 2021 in MS Teams Virtual Meeting, commencing at 18:30pm and concluding at 20:20pm.

Committee members present

J Barnes, P Carroll, D Conway-Read, R Dineley, Cllr M Dormer, Cllr M Flys, R Funk, A Garnett, J Gocher, A Greenhalgh, Cllr M Harker, Cllr G Harris, Cllr D King, P Lawson, N Magrath, Cllr R Matthews, P Matza, R Newall, O O'Neill, M Pegg, D Pinkney, K Ridout, M Roberts, Cllr S Rouse, D Rutter, M Stokes, Cllr M Tett, Cllr L Walsh, Cllr J Waters,

Others in attendance

A Polding, S Salwa, J Sexton, J Steadman, S West, O O'Neil

Officers in attendance

A Kenward, K Wager, L Wright

Agenda Item

1 Chairman's Welcome

The Chairman welcomed attendees to the meeting.

The Chairman informed the community board name has changed from Amersham to Amersham & Villages to correctly reflect the area.

Ms L Wright, Community Board Co-ordinator gave a refresher presentation on the focus areas of spend and minimum spends. These include Economic Regeneration and Recovery minimum 15% spend or £26k, Improving our Environment minimum 15% spend or £26k, Health and Wellbeing and Transport maximum 25% spend or £43k.

2 Notes from the last meeting

RESOLVED Minutes from the meeting held 15 July 2021 were **AGREED** as an accurate record

3 Declarations of Interest

There were no declarations of interest.

4 Chiltern Youth Club

Mr O O'Neil, Youth Worker for Amersham Youth gave an update on the activities

and services they provided young people over the summer to increase youth engagement.

The proposals for future actions were outlined including a Buckinghamshire Council run positive relationships course after half term, Red Box project, encouraging talking to each other in a positive way and soapbox racer partnership.

The Chairman reiterated the Community Board was available to help Amersham Youth financially in the future if the funding was available.

There was an open day at the new Amersham Youth Centre on Saturday 2nd October.

5 Chilterns Lifestyle Centre

Mr S Salwa Contract Manager for Everyone Active provided an update on the new Chiltern Lifestyle Centre a copy of which was appended to these minutes.

It was confirmed the new centre was on track to open on the scheduled date.

ACTION Mr S Salwa to add the opening date of the new centre to the minutes once confirmed.

A question was raised concerning the safety of fencing between the demolition site and the new lifestyle centre site.

ACTION Ms L Wright to raise the issue with the relevant service area in Buckinghamshire Council.

A question was raised regarding parking and if the first hour of parking will be refunded if using the centre.

ACTION Mr S Salwa to check with the relevant service area at Buckinghamshire Council as the car park is council owned.

6 Board activity and updates

Ms L Wright, Mr M Dormer and Ms R Matthews gave a presentation providing updates on the four focus areas.

Vice Chairman Ms R Matthews provided an update on ongoing proposals for Economic Regeneration.

- Increasing footfall and improving accessibility with the following proposals; cycle racks in key areas, increased signage to highlight areas of interest and benches along areas of interest. Visit Bucks to promote events and engagement online.
- Artistry and murals to brighten up areas of town, potential for local artist Dan Wilson to paint the wall by Royal Mail sorting office. Local schools could have input into murals.
- Bucks Business First have put forward proposals for local businesses including a net zero initiative to reduce carbon footprint, raising awareness and accessibility for those with disabilities, a voucher scheme to support businesses with digital skills and a be your own boss scheme.

Community Board Co-ordinator Ms L Wright provided an update on ongoing proposals for Environmental projects.

- Innovative projects include bee bus stops, biodiversity study for the local area, restoration of local wildlife hubs, community grow and share and reducing single use plastic.

There was a call for volunteers to help with improving the local environment.

Vice Chairman Mr R Matthews provided an update on ongoing proposals for Health and Wellbeing.

- Mapping of defibrillators in the local area underway, Bucks Mind to attend school assemblies, mental health training for secondary school teachers, Chiltern Open Air Museum to offer accompanied walks for adults with learning disabilities, dementia friendly initiative and more exercise equipment in play areas.

Mark Flys was in discussions with JCDecaux regarding advertising boards with defibrillators included for free, further discussions with Buckinghamshire Council were required as to locations.

Chairman Mr M Dormer provided an update on proposals for Transport.

- The focus of spending would be on danger hotspots and the prevention of accidents. Wooden bollards would be placed on Stanley Hill by St George's School to stop dangerous parking.
- Parking restrictions would be enforced near the Amersham industrial estate and Mobile Vehicle Activated Sign would be used in certain hotspots to tackle speeding and to collect speeding data. A full parking review would be undertaken in 2023.
- Projects in the pipeline included Roughwood Lane feasibility study to make it a one-way street, reduce speed advisory to 20mph outside Dr Challoner's School and wider parking review.

The Chairman requested more volunteers participate in the working groups and highlighted the new ideas form available online.

Ms L Wright encouraged more people to sign up to the community board newsletter. There had been an increase in followers and daily reach of the board on Facebook. There was a request to advise the co-ordinator of any community events which can be promoted on the Facebook page.

The Chairman reported £14k of the budget spent so far, with approx. £97k provisionally allocated which was over half of the total budget

7 Community Matters

Little Chalfont Primary School had requested support to develop an area of the playing fields into forestry so pupils can learn about conservation.

The Chairman requested help from any volunteer groups.

Chiltern Food Bank was looking for a new premise and requested if anyone knew of

a suitable site which was close to public transport, on one level and had sufficient parking to contact Ms L Wright the Board Co-ordinator.

Ms L Wright notified the board that local voluntary organisations could now manage their own listings on the Bucks online directory and there were a number of Consultations that residents could take part in on the Your Voice Bucks website.

There was a Big Bucks Tidy-Up organised by the Council for the end of October and start of November to target grotspots for litter picks and street cleansing. If there were any areas of concern contact Ms L Wright by 18th October who could inform the team.

8 Date of next meeting

12th February 3pm



Amersham & Villages Community Board

Thursday 30th September 2021

Summer Team 2021

- George, Tristram, Bella and Alix were employed for the 6 week summer holidays.
- Alix had to step back for personal reasons so Oli supported the team on trips with George taking on a leadership role in the team.
- Maria provided training to the new team and mentored Oli in delivering the training at the same time.



Summer 2021 Youth Activities



5th August	Messy Games	17:00	King George V Park	Free
6th August	Bake & Share	13:00	Chiltern Youth Centre	Free
7th August	Sports Day	11:00	Aylesbury (Minibus)	Free
10th August	Inflatable Water Park	TBC	Windsor (Minibus)	£18.00
11th August	Mountain Biking	14:30	Wendover (Minibus)	Free



17th August	Decorate Our Building	12:00	Chiltern Youth Centre	Free
19th August	Spider's Web Challenge	18:00	Chiltern Youth Centre	Free
26th August	Beach Trip	10:00	Bournemouth (Minibus)	Free



For More Information or
Book Your Place Online: www.AmershamYouth.org

- Huge variety of activities offered throughout the summer, averaging 3 days per week.
- Young people were given the opportunity to give back to the community.
- A lot of time was spent getting to know the young people and promoting the new centre.
- We finished the summer with our traditional beach trip to Bournemouth!

Facts and Figures

- 346 hours of youth work delivered in 6 weeks.
- Lots of new faces appeared, lots of whom are eager to get into our new building when it opens!
- Aqua park and the beach trip were by far our most popular trips.
- Most trips were free to attend.



The Needs of Our Young People

- Summer Team is a great opportunity to spend time with our young people and identify the needs they have, often determining the work we do in the autumn.
- Period Poverty
- Post-Covid Anxiety
- How to Talk to Each Other (including sexism and racism)
- Positive Relationships

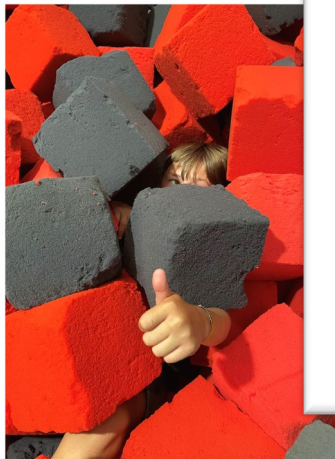
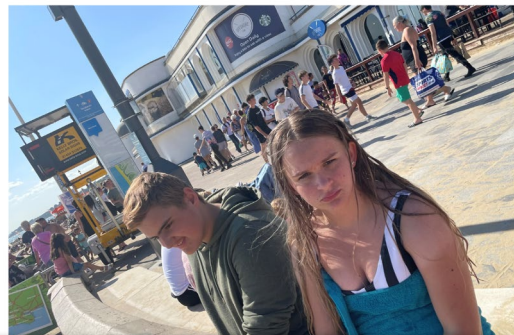


How We Propose To Help

- Bucks Council will be offering a positive relationships course here after half term.
- Red Box Project
- Good youth work should encourage talking to each other in a positive way.
- Soapbox Racer partnership.



Some Memories...





Any Questions?



Community Board Amersham and Villages

Priority Areas of Focus

- *Economic Regeneration and Recovery - min 15% (approx. £26k)*
- *Improving our Environment – min 15% (approx. £26k)*
- *Health and Wellbeing*
- *Transport – max 25% (approx. £43k)*





Economic Regeneration

Ongoing discussions for 2021-22 projects:

- Increasing footfall and improving accessibility :
 - Cycle racks in key spaces
 - Signage to highlight important areas of interest
 - Benches along walking routes
- Buckinghamshire Business First:
 - Projects to support business to thrive
 - Develop skills for young people
- Local heritage and tourism:
 - Artistry/murals
 - Visit Bucks – promoting the local area





Environment

Ongoing discussions for 2021-22 projects:

- Bee bus stops
- Biodiversity study
- Restoration of local wildlife hubs (Stony Dean, St Mary's School, Amersham Hospital)
- Reducing single use plastic and coffee cups
- Community Grow and Share



Pipeline projects for 2022-23

- Plant share schemes
- Litter campaigns
- Renewable Energy





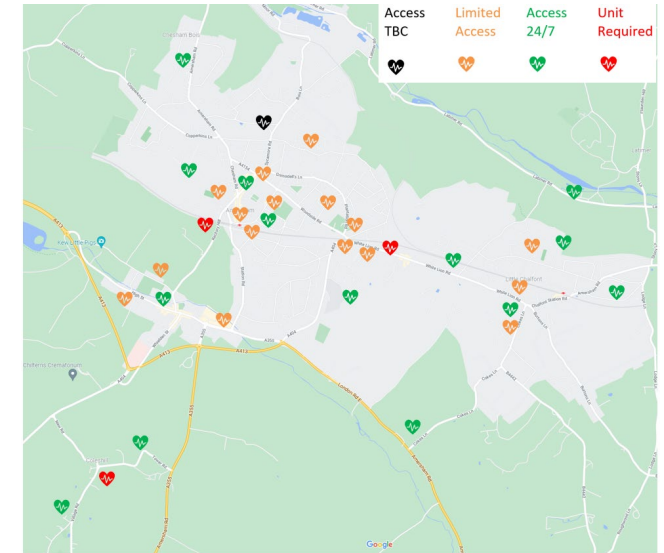
Health & Wellbeing

Ongoing discussions for 2021-22 projects:

- Mapping of defibrillators in the area and identifying gaps
- School Assemblies to support KS1 students and their parents and teachers with mental health
- Mental Health First Aid training for secondary school teachers
- COAM Accompanied Walks for adults with learning disabilities
- Older Person's Day
- Dementia Friendly initiatives

Other ideas raised:

- Exercise equipment in parks
- Supporting people suffering from Long Covid





Transport

Ongoing discussions for 2021-22 projects:

- Bollards to stop dangerous parking
- On-street parking restrictions (e.g. yellow lines)
- MVAS to help tackle speeding and gather data

Pipeline projects/applications for 2022-23

- Roughwood Lane feasibility
- 20mph flashing speed indicators – Dr Challoner's Grammar School
- Allocations towards area wide parking review



Join an Action Group:

- *Environment Action Group*
- *Economic Recovery Action Group*
- *Health & Wellbeing Action Group*
- *Transport Action Group*

Submit an idea:

- <https://forms.office.com/r/Nuk90YR599>

Join our next Board Meeting:

- *18 February 2022 6:30pm*

Project Title:

Brief Description (max 200 words)

- Explain how the project will benefit the wider community
- How will the project run beyond initial funding?
- What partners, groups are involved in delivering the project?

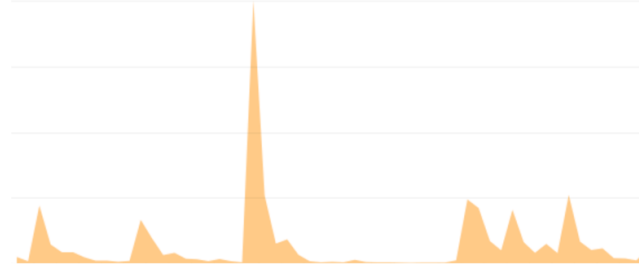
Estimated cost

Contributory funding (if applicable)

- *Newsletter sign-ups*
- *Facebook stats*
- *Promotional events*

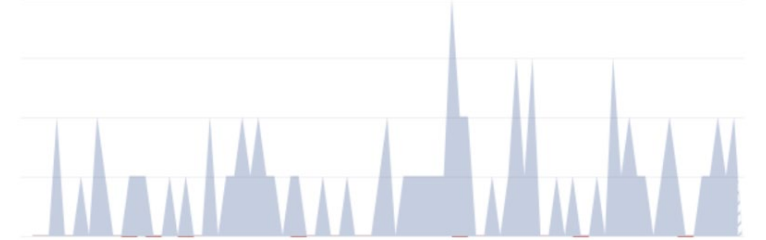
Daily Reach
1-Jul to 30-Sep

38,493
Average 137% ▲



Page Followers
1-Jul to 30-Sep

390
Page followers 90% ▲



Amersham Community Board

Working together: Local voices, local choices, local action

To keep up to date with the community board, sign up to receive our quarterly e-newsletter:

Name: _____

Email address: _____

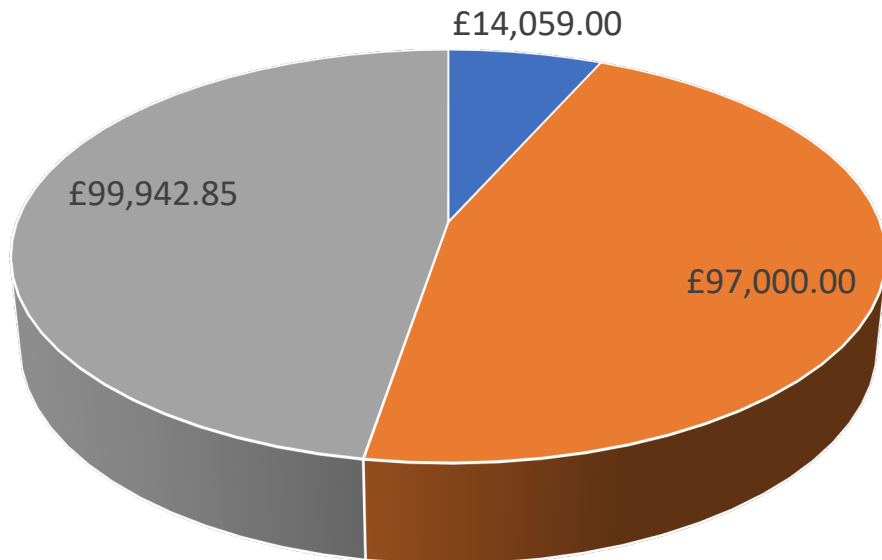
Privacy

We use Dotdigital to deliver our e-newsletter and gather statistics around email opening and clicks to help us monitor and improve. You will be able to unsubscribe at any time by clicking on the unsubscribe link at the end of any e-newsletter you receive from us. We will store this sign-up form securely until the information is captured on Dotdigital and then it will be destroyed.

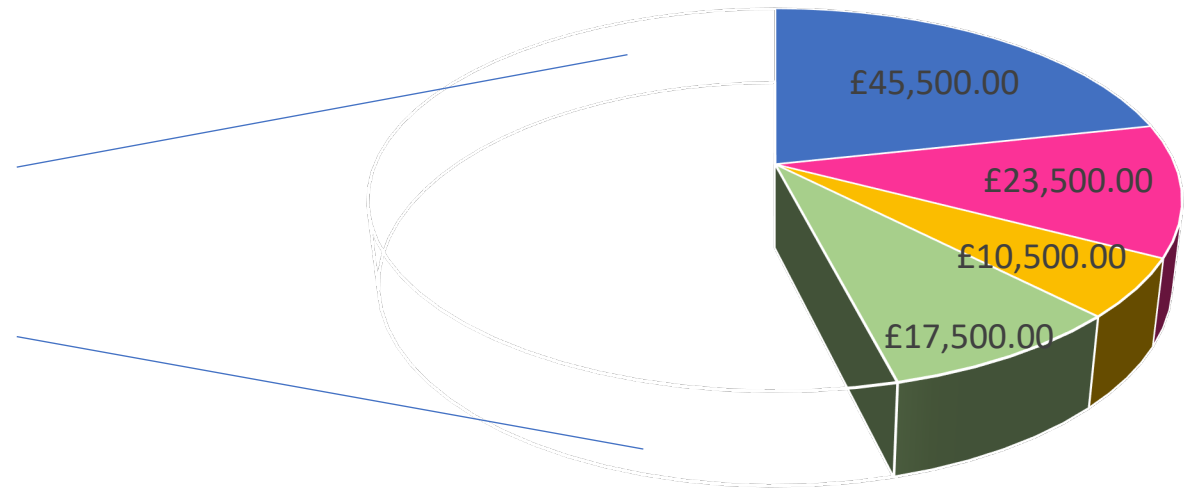
When we collect personal information, we are regulated under the Data Protection Act 2018 and UK GDPR, and for the purposes of those laws we are the 'Data Controller'. If you have questions please see our Privacy Policy (<https://www.buckinghamshire.gov.uk/your-council/privacy/>), or contact our Data Protection Officer at Buckinghamshire Council, The Gateway, Gatehouse Road, Aylesbury, HP19 8FF or email dataprotection@buckinghamshire.gov.uk.

Funding

Total Budget: £211,002



Pipeline Projects (Estimated Spend by Area of Focus)



■ Funding Allocated ■ Pipeline Projects ■ REMAINING BUDGET

■ Transport ■ Health & Wellbeing
■ Economic Regeneration ■ Environment

And finally...

- Questions from the public
- Premises for Chiltern Foodbank
- Consultations & Petitions
- Bucks Online Directory
- Big Bucks Tidy Up



yourvoicebucks.citizenspace.com/

- **Community Safety Survey: Closes 22 Oct 2021**

To find out the community's concerns in relation to crime, anti-social behaviour, drugs and alcohol

- **Buckinghamshire Children and Adolescent Mental Health Services Survey: Closes 29 Oct 2021**

To make sure children and young people in Buckinghamshire can easily access high quality mental health services that will support their wellbeing in the right way and at the right time.

- **Parking control request form: Closes 1 Sep 2022**

For Community Boards to consider a new parking control where on-street parking is causing significant problems. This might include risks to health and safety, blocking or restricting access and causing traffic congestion.

- **Coming Soon - A355 Speed Limit – Expected to open 1st Oct 2021**

Secondary schools application process

If you are a parent who has recently been through this process and would like to get involved and help the Council improve the service, you can complete a short form and a member of the team will contact you to invite you to attend a session at a convenient time. To thank you for your time, we'd like to offer a £20 Amazon voucher for each session you attend. <https://crowd.in/2D90eR>



Directory.buckinghamshire.gov.uk

NEW feature:

Organisations can now add and manage their own information

NEW feature:

Short term events can be promoted using the tool

The screenshot displays the 'Bucks Online Directory BETA' website. The header includes the Buckinghamshire Council logo and the text 'Bucks Online Directory BETA'. Below the header, there is a navigation bar with 'Home / Service directory'. The main heading is 'Find activities and organisations near you'. A search bar is present with the text 'Enter a search...' and a 'Where' dropdown menu set to 'Amersham'. Below the search bar, there are filter options: 'Things to do', 'Advice and support', 'Education and learning', 'Staying active', and 'Environment'. There are also expandable sections for 'Suitable for', 'Access needs', 'Ages', 'Days', and 'Only show'. A 'Clear all filters' link is at the bottom of the filter section. The search results are titled 'Showing results near Amersham' and include a 'Show map?' toggle. The results list four items: 'Samaritans' (Counselling - emotional support), 'Amersham Coronavirus Help' (Amersham Coronavirus Help was set up in March 2020), 'Amersham Temporary Library' (We are currently open on restricted hours), and 'Amersham Community Board' (If you are interested in working with the council). Each result includes a distance indicator 'Less than a mile away' and a 'Recently updated' status.



Working together for a cleaner, greener and safer Buckinghamshire

- Help Buckinghamshire Council's teams to identify local 'grot-spots' and areas to be tackled within your Community Board.
- Suggest which activities are needed to help spruce up your local parks / public spaces / high streets.
- Tell us what else, or what more, you'd like to see for future phases
- Consider what more can you do in the Board area to compliment this work – e.g. community litter picks? Environment action day? Flower bed planting and improvements?
– the more activity, the greater the impact!
- Celebrate group, individual and organisation contributions to helping keep Buckinghamshire clean, green and safe

Please choose **one** option from the following list which comprises activities Buckinghamshire Council can bring to your community:

- Litter picking** – Tell us where you think there is an issue, and we can send some staff to clean up the area
- Street Sweeping** – A mechanical sweeper will visit the area to sweep the roads and kerbs, giving the area a spruce up
- Street nameplate cleaning** – Our team can clean the street name signs removing dirt, moss and traffic residue to freshen them up
- Road island cleaning** – Our team will clean the road islands in your area by removing dirt and debris and giving the bollards and signs a clean.
- Adopt a patch initiative** – for your local area/ park/ public space (please note there is a £430 charge to the Community Board for this option)

Please tell us the areas / public spaces in your community you think your chosen activity would work best in?



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